

ADHD Medication



Making an Informed Decision

Dr Price Psychology Services, is committed to providing high-quality, evidence-based ADHD assessments and psychological support. However, it is important to consider your goals when deciding on the right assessment pathway for you. If guaranteed or immediate access to ADHD medication is your primary motivation for seeking an assessment, please be aware that:

- Dr Price Psychology Services does not offer in-house prescribing.
- Dr Price will provide a detailed diagnostic assessment; however, medication can only be prescribed by a qualified medical professional, such as a psychiatrist or nurse prescriber.
- In most cases clients access ADHD medication without issue; however, access to medication depends on the availability and policies of external services and is not guaranteed following diagnosis.
- Included below are private agencies who routinely accept reports and clients from Dr Price; however, suitability for medication will be made by these external agencies.
- Dr Price may be able to offer rough waiting times for the private providers; however, it is always best to check directly with the service as these are subject to change.
- Dr Price is not able to provide rough waiting times for Right to Choose or NHS Providers.

Even if medication is not immediately accessible, a timely private ADHD assessment still offers important benefits:

- A valid and recognised diagnosis, which may help you better understand your strengths and challenges
- Psychological validation and clarity, which can reduce distress and self-doubt
- Access to reasonable adjustments in education or employment
- In some cases, eligibility for additional support services (e.g. DSA – Disabled Students' Allowance)
- The opportunity to begin psychological treatment or ADHD-focused coaching with Dr Price Psychology Services.

This approach supports not just diagnosis, but long-term skills development, coping strategies, and wellbeing.

Medication Shared Care

As part of our commitment to safe, ethical, and evidence-based care, Dr Price Psychology Services would like to inform you of important policies regarding the prescription, management, and monitoring of medication used to treat Attention-Deficit/Hyperactivity Disorder (ADHD).

Shared care is a model in which different healthcare professionals work collaboratively to support your treatment. In the context of ADHD, this typically means that a specialist prescriber such as a psychiatrist or nurse practitioner initiates your medication treatment. The specialist will monitor your response to the medication for an initial period (usually around 12 weeks) to ensure it is safe and effective.

Once your treatment is stable, the specialist may write to your GP to request that they take over the prescribing of your ADHD medication. This arrangement is known as a shared care agreement.

Under shared care:

- Your GP issues repeat prescriptions and may conduct routine monitoring (e.g., blood pressure, weight).
- Your specialist remains involved and available to provide advice or support if concerns arise.

Important Note:

GPs are not permitted to prescribe ADHD medication based solely on a psychological assessment or ADHD report, even if it is completed by a suitably qualified professional such as a psychologist. Medication can only be prescribed or continued under the guidance of a specialist prescriber, in line with national guidelines and local prescribing policies.

II. Medication Pathways

If you choose to proceed with an ADHD assessment through Dr Price Psychology Services, you are paying for a comprehensive, evidence-based psychological assessment. Please be aware that completing this assessment does not automatically entitle you to receive ADHD medication. Your options for external providers include...

Usually - Shortest
Wait Time

Private Medication

If you have received a diagnosis of ADHD through a comprehensive psychological assessment and would like to explore medication privately, there are providers who may be able to assist without requiring a full reassessment.

These services typically accept high-quality assessment reports (such as those provided by Dr Price Psychology Services) and will conduct a clinical review to determine if you are suitable for medication initiation.

Please note: The decision to prescribe medication rests solely with the provider, and they may request additional information or a brief follow-up assessment as part of their clinical process.

Recommended Private Providers

ADHD Shine

Email: referrals@adhdshine.net

Website: www.adhdshine.net

Malvern Hills

Website: www.malvernhillprivatepractice.co.uk

Online referral form

We encourage you to contact these providers directly to discuss:

- Availability
- Costs
- Their process for reviewing assessment reports
- Their policies on shared care and GP involvement

Important: Dr Price Psychology Services does not receive compensation for referrals. The inclusion of these contacts is for informational purposes only.

Usually - Slower
Wait Time

Right to Choose

Under the NHS Constitution in England, you have the legal Right to Choose your provider for ADHD assessment and/or medication treatment, provided that the provider is commissioned to deliver NHS services.

This means you can ask your GP to refer you to a provider of your choice, including those offering medication titration services following a diagnosis.

Key Points:

- You do not need to be limited to local services; you can nominate a provider yourself under the Right to Choose pathway.
- Right to Choose referrals are made via your GP, and the provider must accept NHS referrals under this scheme.
- Titration (medication management) waiting lists are often shorter than waiting lists for full assessment and treatment.

Common Right to Choose Providers

These providers are frequently accessed through Right to Choose pathways. You may wish to explore the following:

- Psychiatry-UK – www.psychiatry-uk.com
- Clinical Partners – www.clinical-partners.co.uk
- Healios – www.healios.org.uk
- The ADHD Centre – www.adhdcentre.co.uk

Please note: While these providers are commonly used, Dr Price Psychology Services cannot endorse or recommend any specific Right to Choose provider. Availability, service quality, and acceptance of private assessments vary, and we encourage you to research providers and speak with your GP to determine the most suitable option for you.

Usually - Longest
Waiting Time

Your Local NHS

You can request a referral from your GP to your local NHS service responsible for the diagnosis and treatment of ADHD. Depending on local eligibility criteria, you may be able to request a referral directly to the treatment pathway if you have already received a high-quality private assessment.

Important Information:

- The NHS is currently under significant pressure due to unprecedented demand for ADHD assessments across the UK.

- Waiting lists for initial assessment are often several years long in many regions.
- Medication titration (treatment) waiting lists are generally shorter than assessment pathways but are still significantly longer than those of private or Right to Choose providers.

Acceptance of Private Assessments:

Please note that some NHS trusts are currently at capacity and are not accepting private diagnostic reports for consideration or for medication prescribing. This varies between regions and may change over time, so it is essential to check directly with your local service.

Local Example – Northamptonshire:

In Northamptonshire, the Adult ADHD, Autism and Tourette's Team (AAATT) currently accepts high-quality private reports for review. There will be a waiting period for your report to be reviewed and an additional waiting period for a medication appointment. Please contact the team directly for up to date waiting times.

- Contact number for AAATT (Northamptonshire):
 03000 273 666